Neighborhood House 309-674-113

NOVEMBER 2026

(Meals are subject to change)

Mon	Tue	Wed	Thu	Fri
Milk is included in all meals **Meal Components** • **3 oz. serving meat /protein** • **1 1/2 cups vegetable and/or fruit** • **2 servings grain** • **8oz low fat milk** **Guests/Private Pay $8.00** **Recommended Donation for Home Delivery & Congregate Programs $5.00**	2 Beef & Bean Burrito Spanish Rice Corn Apple	3 Lemon Chicken Cauliflower Beets WG Roll Peaches	4 Hot Dog Baked Beans Mixed Vegetables WG Bun Pineapple	5 Cheese Omelet WG Waffle Stewed Tomatoes Broccoli Applesauce	6 Fish Patty Peas Carrots WG Bun Banana
	9 Chicken Pot Pie WG Biscuit Peas Carrots Orange	10 Pulled Pork Sweet Potatoes Green Beans WG Bun Pears	11 Pork Egg Rolls Peas & Carrots Broccoli Peaches	12 Chicken Nuggets Cauliflower Mixed Vegetables Pineapple	13 Sloppy Joe Beets Mixed Vegetables WG Bun Banana
	16 B.B.Q. Chicken Cauliflower Peas WG Roll Apple	17 Italian Beef Carrots Green beans WG Bun Peaches	18 Beef Taco Lettuce/Tomato/Cheese Refried Beans Corn WG Tortilla Pineapple	19 Sausage Patty English Muffin Stewed Tomatoes Spinach Applesauce	20 Chicken Tenders Mixed Vegetables Beets Banana
	23 Pork Riblet Broccoli Cauliflower WG Bun Orange	24 Chicken Taco Lettuce/Tomato/Cheese Black Beans Corn WG Tortilla Tropical Fruit	25 Salisbury Steak Mashed Potatoes/Gravy Green Beans Hot Cin. Apples	26 CLOSED THANKSGIVING	27 CLOSED THANKSGIVING
	30 Chicken Patty Green Beans Carrots WG Bun Apple				

Tremont

Leisure Acres

Heartland Apts.

Sterling Towers

Graceland

Mel Hasty

Neighborhood House

Cold Meal Delivered 11/25*****
Mixed Lettuce
Diced Turkey Ham
Shredded Cheese
Diced Tomatoes
Craisins
WG Roll
Mandarin Oranges**