

**MAY 2025**

(Meals are subject to change)

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	
<b>Milk is included in all meals</b>  <b>Meal Components</b>  <ul style="list-style-type: none"> <li>• <b>3 oz. serving meat /protein</b></li> <li>• <b>1 1/2 cups vegetable and/or fruit</b></li> <li>• <b>2 servings grain</b></li> <li>• <b>8oz low fat milk</b></li> </ul> <b>Guests/Private Pay \$8.00</b>  <b>Recommended Donation for Home Delivery &amp; Congregate Programs \$5.00</b>				1  CLOSE STAFF RETREAT	2 Fish Patty Peas Cauliflower WG Bun Banana	<b>Tremont</b>  <b>Hopedale</b>  <b>Leisure Acres</b>  <b>South Side Manor</b>
	5 B.B.Q. Burger Green Beans Carrots WG Bun Apple	6 Teriyaki Chicken Broccoli Corn WG Roll Peaches	7 Meatball Marinara Cauliflower Beets WG Bun Pineapple	8 Cheese Omelet French Toast Stewed Tomatoes Peas Applesauce	9 Pulled Pork Lima Beans Mixed Vegetables WG Bun Banana	<b>Heartland Apts.</b>  <b>Sterling Towers</b>  <b>Pierce Community Center</b> <b>Graceland</b> <b>Crosspoint</b> <b>Neighborhood House</b>
	12 Lemon Chicken Brussel Sprouts Carrots WG Roll Orange	13 B.B. Q. Meatballs Cauliflower Mixed Vegetables WG Bun Pineapple	14 Pork Tenderloin Sweet Potatoes Broccoli WG Bun Peaches	15 Chicken Nuggets Green Beans Corn WG Roll Pears	16 Sloppy Joe Peas Beets WG Bun Banana	<b>** ** * COLD MEAL</b> <b>Will be delivered</b> <b>On Wed. 4/30</b> <b>Fresh Spinach</b> <b>Diced Chicken</b> <b>Shredded Cheese</b> <b>Diced Tomatoes</b> <b>Onion/Craisins</b> <b>WG Roll</b> <b>Pears</b>
	19 Chicken Tenders Green Beans Cauliflower WG Bun Apple	20 Chicken Taco Lettuce/Tomato/Cheese Black Beans Corn WG Tortilla Tropical Fruit	21 B.B. Q. Chicken Lima Beans Beets WG Roll Peaches	22 Sausage Patty English Muffin Stewed Tomatoes Broccoli Applesauce	23 Salisbury Steak Mashed Potatoes/Gravy Carrots WG Roll Hot Cin. Apples	<b>***** Cold Meal</b> <b>Will be delivered</b> <b>On Fri. 5/23</b> <b>Mixed Lettuce</b> <b>Diced Ham</b> <b>Shredded Cheese</b> <b>Diced Tomato</b> <b>Onion/ Craisin</b> <b>WG Roll</b> <b>Mandarin Oranges</b>
	26  CLOSED MEMORIAL DAY	27 Beef Taco Lettuce/Tomato/Cheese Refried Beans Corn WG Tortilla    Orange	28 Chicken Patty Green Beans Cauliflower WG Bun Pineapple	29 Pork Riblet Sweet Potatoes Mixed Vegetables WG Bun Pears	30 Shrimp & Grits Peas Carrots WG Roll Banana	