

SEPTEMBER 2021

(Meals are subject to change)

	Mon	Tue	Wed	Thu	Fri	
			1 Hamburger Patty Mixed Vegetables Green Beans WG Bun Peaches	2 Lemon Chicken Corn Broccoli WG Roll Pineapple	3 Hot Dog Baked Beans Carrots WG Bun Hot Cin . Apples	Tremont
	6 CLOSED LABOR DAY	7 Pork Riblet Broccoli Mixed Vegetables WG Bun Orange	8 B.B.Q. Chicken Brussel Sprouts Corn WG Sliced Bread Peaches	9 Fish Patty Peas Cauliflower WG Bun Pineapple	10 Egg Omelet W/Cheese French Toast Spinach Carrot Applesauce	Pekin
	13 Pulled Pork Broccoli Mixed vegetables WG Bun Apple	14 Chicken Parmesan Green Beans Cauliflower WG Roll Pineapple	15 Sausage Patty English Muffin Hominy Stewed Tomatoes Peaches	16 Chicken Patty Mashed Potatoes Gravy Carrots Pears	17 Breaded Beef Tenderloin W/ Spiced Apples Corn Lima Beans	Washington
	20 Sloppy Joe Baked Beans Carrots WG Bun Orange	21 Chicken Tacos Lettuce/Tomato/Cheese Black Beans Corn WG Tortilla Tropical Fruit	22 Fish Nuggets Peas Mixed Vegetables Pineapple	23 Chicken Tenders Green Beans Carrots Peaches	24 Meatball Marinara Broccoli Cauliflower WG Bun Pears	Heartland Apt.
	27 Pork Tenderloin Sweet Potatoes Green Beans WG Bun Apple	28 Beef Taco Lettuce/Tomato/Cheese Refried Beans Corn WG Tortilla Pears	29 Chicken Nuggets Broccoli Carrots Mandarin Oranges	30 Ham & Beans Corn Bread Green Beans Peaches		*** Cold Meal will be delivered Friday 9/3 Lettuce Salad W/ Diced Ham Tomatoes/cheese/ onion/ Craisins Hawaiian Roll Pears